





Tues 2nd

Open the Book worship

Attendance updates from September 2023 to date:

Class	Attendance %	Authorised Absence	Unauthorised Absence
Oak Class	94.7%	4.5	0.8
Elm Class	97.4%	2	0.6
Reception Children in Maple Class	93.9%	5.2	0.9
Overall attendance %	95.6%	3.7	0.7

Class	Persistent Absence = below 90% attendance
Oak Class	3 children
Elm Class	0 children
Reception Children in Maple Class	2 children

Attendance Tips

What can I do to help make my child attend school every day?

One of the main factors impacting children's ability to attend school every day is sleep. Ensuring your child goes to bed at an appropriate time and enjoys plenty of rest is crucial in achieving good attendance. Getting enough sleep will help them stay healthy and provide them with the energy and concentration levels they need.

The NHS recommends the following:

Your child's age	Recommended sleep time in 24 hours
Infants 4 to 12 months	12 to 16 hours including naps
Children 1 to 2 years	11 to 14 hours including naps
Children 3 to 5 years	10 to 13 hours including naps
Children 6 to 12 years	9 to 12 hours
Teenagers 13 to 18 years	8 to 10 hours

If you want to change your child's sleep habits, try using this NHS guide below:

- 1. Decide what time you want your child to go to bed.
- 2. Start a "winding down" bedtime routine around 30 minutes before the time that your child usually falls asleep. Bring this forward by 5 to 10 minutes each week or 15 minutes if your child is in the habit of going to bed very late until you get to the bedtime you want.
- 3. Set a limit on how much time you spend with your child when you put them to bed. For example, read only 1 story, then tuck your child in and say goodnight.
- 4. Give your child their favourite toy, dummy (if they use one) or comforter before settling into bed.
- 5. Leave a dim light on if necessary.
- 6. If your child gets up, keep taking them back to bed again with as little fuss as possible.
- 7. Try to be consistent.
- 8. You may have to repeat this routine for several nights. Further information can be found on the following websites:

Sleep hygiene in children and young people | Great Ormond Street Hospital (gosh.nhs.uk) Sleep and young children - NHS (www.nhs.uk) Home - The Sleep Charity

	Reader of the week	Writer of the week	Mathematician of the Week		
Oak	Polly Alice	Oscar James	Steven H		
Elm	Clara	Oliver	Myla		
Maple	Freddie	Wilf	Sam		
Birthdays	Elio – 7yrs old				
Dirtitudys					
Value Cup	Sonny – for being a happy, friendly and kind member of Maple Class				





***** DAV ITH MAY 2 ***** **PONY RIDES £7** THE CIRCUS TRAIL ★ GAMES ᄎ RAFFLE **ICE CREAM ★ BOUNCY CASTLE** TOMBOLAS ★ FACE PAINTING PENATLY SHOOTOUT × STALL HOLDERS ***** BBO & BAR FREE ENTRY 3.30-7PM to the event Tickets on sale for the PINVIN SCHOOL FIELD circus

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